First Catch Urine Collection - Female
Patient Instructions

Please use specific patient instruction sheet if **both** a first catch **and** midstream urine specimen are being collected at the same time.
First catch urine specimens are needed for chlamydia/gonorrhea screen test.

Specimen will **not** be tested if label or requisition is missing information.

Please follow the instructions below for accurate test results.

Do not urinate (pee) for **1 to 2 hours** before collection.

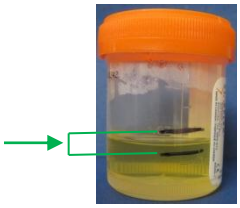
Make sure the cup is labelled with **all** of the following:

- Full first and last name
- Healthcare number
- Date and time of collection

Jane Doe
12345 6700
Date Jan 3
Time 9:00am

Wash your hands with soap and water.

Do **not** clean the area before urinating (peeing).
Urinate (pee) into the cup **only** up to the first line or between the 2 lines.
Collect the first part of the urine.
Try not to urinate past the second line.
Do **not** pour urine out if you go past the second line.
Finish urinating (peeing) into the toilet.
Please do **not** touch the inside of the cup with your fingers.



Put the lid on the cup.
Wash your hands with soap and water.
Please place the cup(s) and/or tube in the designated area or give to a laboratory staff member.

If collecting at home: Please deliver specimen to the laboratory today.
Store in a cool, dark place (e.g. refrigerator) if more than 2 hours between collection and going to the laboratory.