Midstream Urine Collection - Male
Patient Instructions

Please use specific patient instruction sheet if **both** a first catch and midstream urine specimen are being collected at the same time.
Midstream urine specimens are needed for urinalysis, culture, cytology and other tests.

Specimen will **not** be tested if label or requisition is missing information.

Please follow the instructions below for accurate test results.

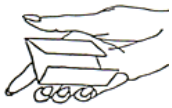
Make sure the cup and/or tube is labelled with **all** of the following:

- Full first and last name
- Healthcare number
- Date and time of collection

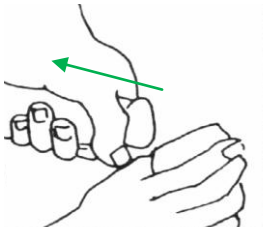
John Doe
12345 6700
Date Jan 3
Time 9:00am

Wash your hands with soap and water.

Tear open the foil packet and remove the towelette.



Pull back foreskin, if applicable.
Wipe away from tip of penis
Please throw the used towelette into the **garbage, not** the toilet.



Urinate (pee) a **small** amount into the toilet. Then stop.
Urinate into the cup.
Stop urinating (peeing) into the cup **before** you are finished.
Finish urinating into the toilet.

Do **not** overfill the cup.
Please do **not** touch the inside of the cup with your fingers.

If you were given a tube and cap, pour urine from the cup into the tube until the tube is ½ to ¾ full. Please do **not** overfill the tube.
Put the cap on the tube. Wash your hands with soap and water.

Please place the tube or cup in the designated area or give to a laboratory staff member.

If collecting at home: Please deliver specimen to the laboratory today.
Store in a cool, dark place (e.g. refrigerator) if more than 2 hours between collection and going to the laboratory.